# LIFE IN ABUNDANCE MENTORING

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## Vision

One of the most significant verses in the Word of God for me has been John 10:10:

'The thief comes only to steal and kill and destroy; I came that they may have life and have it in abundance.'

From my perspective, the two most significant words in what Jesus had to say were *life* and *abundance*. It appears to me that He wanted us to experience the eternal life that He was to win for all mankind and He wanted to emphasize that this life was to be the counter or the antidote to what the enemy had in mind. The Devil wants to steal, kill and destroy but Jesus has all the love, the power and the willingness to reverse the evil which was intended. I believe He wants to restore to us everything that Adam lost in the Garden of Eden, to see us prosper in all aspects of life – indeed, to see us living abundant lives.

Far too often, however, I come across believers today who are worried and frustrated with life, struggling with issues, battling thoughts about the past, feeling burdened in their job, particularly those in leadership roles, being distracted and defeated by addictions, stifled and unfulfilled in relationships, lacking vision for the months and years to come - generally not enjoying life and certainly not approaching the future positively and optimistically. I believe God wants to remedy this situation.

Through many years of experience as a husband, a father, a school principal, a church pastor, an educational and leadership consultant, a sportsman and coach, I believe I have discovered the secrets to living an abundant life. Based on the revelations received from the God the Father, together with the understanding and wisdom gained through the years in these roles, I have developed strategies, learning modules and ematerials for use in mentoring others.

What I believe the Lord is calling me to establish is a team of Christians who will mentor other believers, leading them to be able to experience a life of abundance. The overall aim of Life in Abundance Mentoring is to see people set free from whatever aspect of life which is holding them back and preventing them from living in victory. I believe a life in abundance awaits us all, no matter what circumstances in which we find ourselves. A team of mentors who have been trained in the principles of living the abundant life which God has prepared for us can be used powerfully by God in serving our community. This is another means of sharing our faith with others.

My wife, Beckie, and I will be recruiting believers to join the mentoring team, training them to be able to use the materials I have prepared and equipping them to effectively mentor others.

#### Introduction

It seems to me that there are two major things in life which we must understand if we are to be able to live an abundant life.

#### WHO GOD IS - HIS GREATNESS AND POWER

Firstly, we must appreciate the nature, the absolute greatness and the awesome magnificence of our God. He is a triune God, three Gods in one, one God in three – Father, Son and Holy Spirit. Many people struggle in their Christian walk because they fail to understand the absolute power and ability of our God. They rightly think there is a life and death battle going on in the heavenlies above us, but they mistakenly see it as an evenly balanced struggle between God and Satan. Unfortunately, they misunderstand God's ability to overcome anything the enemy may seek to use against us. The truth is that God is completely dominant over the Devil. It's very far from being an even contest – in God versus Satan, God wins absolutely every time! He has power to remove and overcome anything that is meant to harm us. God can heal, reinstate, resurrect, reform, restore, overcome, give back, rescue – indeed, anything that is required in our lives is possible in God. There is nothing God cannot do. No matter how broken, hopeless and 'messed up' we may seem, He is able to open the door for us to experience an abundant life.

Jesus is the key to our understanding of this triune God, the Trinity. All authority in heaven and on the earth has been given to Him. He truly is King of Kings and Lord of Lords and when we surrender our lives to Him, His desire is to bless us and equip us to share the Good News with others. He is a God who is very much on our side, not angry with us, but extending love generously, not begrudgingly, wanting us to be Spirit-filled, joy-filled, peace-of-God-filled, 'full on for God' believers who shine our light for others to clearly see.

#### WHO BELIEVERS ARE IN GOD - OUR SELF IDENTITY IN CHRIST

Secondly, once we fully understand just how great our God is and how He is in charge of the entire universe, then we can appreciate just how wonderful our lives can be when we are totally submitted to Him. He loves us and wants the best for us in every circumstance, even when we have denied Him, gone our own way and made a total mess of our lives. We need to know our identity in Christ.

People need to understand that they are totally new creations in Christ and that He wants to not only baptize us in water but also baptize us in His Spirit, enabling us to live by faith in Jesus in every aspect of life. Jesus said He had overcome the world and He wants us to be overcomers as well. When we become aware that God loves us unconditionally and that He is on our side no matter what the circumstances may be, we have the potential to become powerful witnesses for Him. Even when we have deliberately sinned and made an absolutely terrible mess of relationships and situations, He is there to forgive us, restore us, guide us, heal us, deliver us and set us free. He promises to never leave us nor forsake us.

I believe that once people become convinced of just how loving, powerful and good our God really is and just how strong, committed and effective we can become in Him when we know

what He has achieved for us on the Cross, then we are enabled to live the abundant life referred to in John 10:10.

Life in abundance mentoring aims to raise up believers who become so positive, enthusiastic and unstoppable in the outworking of their faith that others will be inspired by their example.

## WHO GOD IS – HIS GREATNESS AND POWER

#### Jesus is God

'In the beginning was the Word, and the Word was with God, and the Word was God.' John 1:1

'... by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things and in him all things hold together.' Colossians 1:16,17

'Jesus lives forever... he is able to save completely those who come to God through him, because he always lives to intercede for them.' Hebrews 7:24, 25

#### God Has No Equal

"To whom will you compare me? Or who is my equal? Says the Holy One" Isaiah 40:25

#### God is Greater than the Devil

'... the one who is in you is greater than the one who is in the world.' 1 John 4:4

#### Nothing is Impossible with God – He is Limitless

'For nothing is impossible with God.' Luke 1:37

'Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...' Ephesians 3:20

#### God Meets Us Where We Are

'... God demonstrates his own love for us in this: While we were still sinners, Christ died for us.' Romans 5:8

#### God Shows Us Compassion and Gives Us Comfort

'Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort...' 2 Corinthians 1:3,4a

#### God Protects Us

'Put on the full armor of God so that you can take your stand against the devil's schemes.' Ephesians 6:11

#### God Gives Us Peace

'Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.' Philippians 4:6,7

#### **God Never Changes**

'Jesus Christ is the same yesterday and today and forever.' Hebrews 13:8

#### God is Always with Us

'Never will I leave you; never will I forsake you.' Deuteronomy 31:6

# WHO WE ARE IN GOD – OUR IDENTITY IN CHRIST

#### We are Saved in Christ

'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.' John 3:16

'I am the good shepherd. The good shepherd lays down his life for the sheep.' John 10:11

'In him we have redemption though his blood, the forgiveness of sins, in accordance with the riches of God's grace...' Ephesians 1:7

'... God did not appoint us to suffer wrath but to receive salvation through Jesus Christ our Lord.'1 Thessalonians 5:9

When we are saved, we receive the full sozo of God, and not just salvation

the full meaning of the Greek word, sozo, usually translated as salvation also includes healing, deliverance, restoration and transformation

#### We are Made Alive in Christ

'...because of his great love for us, God, who is rich in mercy,
Made us alive with Christ when we were dead in transgressions –
It is by grace you have been saved.
Ephesians 1:4,5

#### We are New Creations in Christ

'...if anyone is in Christ, he is a new creation; the old has gone, the new has come!'2 Corinthians 5:17

#### We are God's Workmanship

'For we are God's workmanship, created in Christ Jesus to do good works which God prepared in advance for us to do.' Ephesians 2:10 '...he who began a good work in you will vary it on to completion until the day of Christ Jesus.'Philippians 1:6

#### God Gives Us Gifts

"When he ascended on high he led captives in his train and gave gifts to men." Ephesians 7b

#### We Have Fullness in Christ

'For in Christ all the fullness of the Deity lives in bodily form, and you have been given fullness in Christ...' Colossians 2:9

#### We are Adopted as Sons, Becoming Children of God in Christ

'...he predestined us to be adopted as sons through Jesus Christ.' Ephesians 1:5

'...to all who received him, to those who believed in his name, he gave the right to become children of God – children born not of natural descent, nor of human decision or a husband's will, but born of God.'
John 1:12,13

#### We are Seated with Christ in the Heavenly Realms

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus...' Ephesians 2:6

#### We are Holy and Blameless in Christ

'For he chose us in him before the creation of the world to be holy and blameless in his sight.' Ephesians 1:4

#### We are No Longer Condemned

'For God did not send his Son into the world to condemn the world but to save the world through him.' John 3:17

'Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.' Romans 8:1,2

#### We Are More Than Conquerors in Christ

'...in all things God works for the good of those who love him, who have been called according to his purpose.'Romans 8:28

'If God is for us, who can be against us?' Romans 8:31b

#### Nothing Can Separate Us from the Love of God

'For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.' Romans 8:38,39

#### We Have Every Spiritual Blessing in Christ

'Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.' Ephesians 1:3

#### We Receive the Holy Spirit and an Inheritance in Christ

'Having believed, you were marked in him with a seal, the promised Holy Spirit who is a deposit guaranteeing our inheritance...' Ephesians 1:13b,14a

#### We Receive Incomparable Great Power in Christ

"...his incomparably great power for us who believe. That power is like the working of his mighty strength which he exerted in Christ when he raised him from the dead..." Ephesians 1:19, 20a

#### We Receive Strength from God

'I can do everything through him who give me strength.' Philippians 4:13

'...those who hope in the Lord will renew their strength. They will soar on wings like eagles: they will run and not grow weary, they will walk and not be faint.' Isaiah 40:31 In Christ we are Chosen, Royal, Holy and we have Belonging

'...you are a chosen people, a royal priesthood,a holy nation,a people belonging to God.'1 Peter 2:9

#### We are Set Free in Christ

'It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.' Galatians 5:1

"... God did not appoint us to suffer wrath but to receive salvation through Jesus Christ our Lord."

1 Thessalonians 5:9

# Abundant Living Course

# **Outline of Discussion Topics**

Defining Terms:	What does an abundant life look Like?
Self Identity is Crucial to Living an Abundant Life	What you do is not who you are! Who defines who you are? Understanding your temperament type and personality The importance of self-talk
Keys to Dealing with:	A crisis in life Criticism Death The past
Keys to Overcoming:	Addictions Bad habits Depression Fears and phobias Stress & pressure Temptation
Keys to Recovery from:	Broken and/or toxic relationships Difficult home backgrounds Emotional breakdowns Burn out Failure experiences Financial disasters
Keys to Success in:	Coping with change Finding peace in the storms of life Marriages and partnerships Raising children Making a fresh start
You Are What You:	Think Listen to Watch Surrender to Eat
Abundant Life Skills:	Achieving a balanced life Being a team player Developing and maintaining healthy relationships Granting and receiving forgiveness Goal setting

	Incorporating rest and relaxation into your life Understanding temperament types Vision for the future
Maintaining Healthy:	Emotions Financial Management Physical Development
Principles of Leadership:	Delegation Effective time management Serving vs being served Submission Team building
Winning the Battles:	Acting vs reacting A.Q. vs I.Q. Clear conscience vs clouded judgement and compromise People oriented vs goal driven Humility vs pride & arrogance Optimism vs pessimism Doing the right thing vs people pleasing

### **Christian Learning Modules on Powerpoint**

The Greatness of God:

God of Discernment God of Healing God of Love God of Supernatural Power Greater Immeasurably More

Knowing Your True Identity:

All Things New By My Spirit **Five Fold Ministry** Full Moons – Shining for Jesus Freedom in Christ **Good Apples** Have You Lost Touch with Jesus? How Far Have You Journeyed with Jesus? Identity in Christ parts 1, 2 & 3 Scripture Analysis Intimacy with Christ Joy Knowing the Enemy and How He Works Man: the Manufacturer's Blueprint Mary or Martha or Both? More than Conquerors Old vs New Covenant Thinking On Eagle's Wings Put No Confidence in the Flesh Realising Our Potential Relationship with God Soaring on Wings like Eagles Sozo – The Complete Package of Salvation Spirit First **Temperament Tactics** The Mind of Christ There's No Shame Trusting in God parts 1&2 Walking on Water Where Are You Going?

#### Godly Disciplines:

Asking God Discipleship Don't Judge a Book... Fasting Feeling Disappointed... Forgiveness Kingdom Wrestlers Making Significant Changes in Life Powerful Prayer Stress Free Ten Principles to Improve Your Ability as a Team Player When Temptation Strikes Water Baptism Winning Time Management Worship

#### Leadership:

**Building Team Morale Classic Coaching Principles Dealing with Criticism** Developing a Stress-Free Approach to Work Good Shepherds – A Model for Successful Leadership Gain Without Pain for Leaders Keep God in His Rightful Place Leading Like Jesus Leaders Need a Good Sense of Balance Straight A Leadership Stressbusters for Leaders Ten Best Ways to Frustrate Your Followers **Understanding Personality Types** The Importance of Vision What Christian Leaders Need to Know Winning Time Management

#### **Relationships:**

Dealing with Difficult People or Relationships Heavenly Relationships Recovery from Divorce and other Broken Relationships Relational Rubies Successful Marriages Temperament Tactics Teamwork: Pizza Principles Ten Best Ways to Frustrate Your Leaders Wired That Way (Temperament Analysis) Unity in Diversity

#### Youth Development:

On Eagles Wings What's Your Motivation? Young Lions

## eBooks

Questions of Convictions Revelations on the Walk

## 25 Topics for 5-10 minute radio messages: as used on Way FM

- 1 The Kingdom of **Heaven is** *now* as soon as we are saved— we don't have to wait until we die to benefit from being part of God's Kingdom.
- 2 Christianity is the place of **fresh starts** we get to start again every minute, every hour and day; it's never too late to repent and reset our lives
- 3 We are **seated** *in the heavenlies with Jesus*, far above all circumstances the roller coaster of life shouldn't rule our attitudes

#### 4 **God meets us** where we are

"... God demonstrates his own love for us in this: While we were still sinners, Christ died for us." Romans 5:8

5 **Agape** love, an *unconditional, unbreakable, unstoppable* love is ours now

#### 6 Nothing is Impossible with God – He is **Limitless**

'For nothing is impossible with God.' Luke 1:37

'Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...' Ephesians 3:20

7 **God is Greater** than the Devil – it's not touch and go as to who wins

'... the one who is in you is greater than the one who is in the world.' 1 John 4:4

- 8 **Forgiveness** God is not angry with us His *wrath* was taken out on Jesus. We have security in His love and compassion. The *blood of Jesus* covers our sin the Father sees us as pure and holy. God *divides us from our sin* as far as the east is from the west.
- 9 Salvation is the *sozo* of God the whole box and dice, more than just salvation!
- 10 Waiting upon God is so beneficial rising on wings like eagles

#### 11 God Never Changes

'Jesus Christ is the same yesterday and today and forever.' Hebrews 13:8

12 Emmanuel - God is Always with Us

'Never will I leave you; never will I forsake you.' Deuteronomy 31:6

- 13 The gift of **prayer** the ultimate in communication
- 14 God of **miracles** a miracle may be only a prayer away when we face a seemingly impossible situation
- 15 God of **protection** the full armour of God
- 16 Who am I? I should look to God to know who I really am and for *my self-identity*, not other people

17 We are saved, **not condemned**.

'There is now *no condemnation* for those who are in Christ Jesus.' Romans 8:1

18 God gives us the **ultimate peace** – He doesn't want us to be worriers -

'Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.' Philippians 4:6,7

#### 19 **The Fruit of the Spirit**

'But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control' Galatians 5:22

#### 20 The Gifts of the Spirit

'Now to each one the manifestation of the Spirit is given for the common good... wisdom, knowledge, faith, healing, miracles, prophecy, discerning of spirits, tongues & interpretation of tongues.'

21 **Doing the works of Jesus** – the ultimate in job satisfaction

John 14:12 'I tell you the truth, anyone who has faith in me will do what I have been doing.'

- 22 God comes searching for us He initiates a relationship with us!
- 23 God guarantees to **finish in us** what He has begun we are works in progress
- 24 We have a guaranteed inheritance

'Having believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing you inheritance.' Ephesians 1:13b

## 25 Incomparably great power

"...his incomparably great power for us who believe." Ephesians 1:19a

# Songs for Inspiration

Greater	Mercy Me	
Dear Younger Me	Mercy Me	
Flawless	Mercy Me	
Beautiful	Mercy Me	
Get Over It	The Eagles	
Your Royal Blood	Rend Collective	
My Lighthouse	Rend Collective	
Rescuer ( Good News )	Rend Collective	
Fall Afresh	Bethel Music	
Fierce	Bethel Music	
God With Us	Bethel Music	
It Is Well	Bethel Music	
Break Every Chain	Bethel Music	
My Feet Are on the Rock	I Am They	
Make A Way	I Am They	
Even Me	I Am They	
Thrive	Casting Crowns	
Dream for You	Casting Crowns	
The Very Next Thing	Casting Crowns	
No Other Name	Hillsong	
Cornerstone	Hillsong	
Warrior	Steven Curtis Chapman	
God of the City	Chris Tomlin	
First	Lauren Daigle	
First Loyal	Lauren Daigle Lauren Daigle	

The Heart of Worship	Matt Redman
Carry Me On Your Back	Leeland
Way Maker	Leeland
Run to the Father	Cody Carnes
Who You Say I Am	Hillsong